

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lauren Freemantle

Has successfully participated & completed the

5km Shift Winter Trail Series - Race 2 of 3

held at Walter Sisulu Garden.

TIME 00:29:12

PACE 05:49/km

OVERALL 7 of 58

GENDER 3 of 37

OPEN 2 of 22

10 June 2018, Sun

Date



BoutTime

Signature